



# CONSENT AND CONDITIONS FOR TREATMENT

This notice describes how medical information about you may be used and disclosed and how you can access this information. Please review it carefully. You have the right to restrict disclosure of your health info, the right to inspect and copy your health information, the right to submit corrections; you may request a copy of this notice. We reserve the right to amend or modify our privacy practices as they may be federally required.

**TREATMENT:** Your health information may be used and shared by staff members and your healthcare providers for continuation of care. Your records may be disclosed to other healthcare professionals (with your authorization on our medical records release form) for the purpose of evaluating your health, diagnosing and providing treatment. Peak Performance PT, PC maintains health records for describing your health history, symptoms, examination, test results, diagnosis, treatment, and plans for future care and treatment. These records will be retained for seven years.

**PAYMENT:** Your health information may be used to seek payment from your health plan or from other sources of coverage such as an auto insurer, or credit card companies that may pay for services. For example, your health plan may request and receive information on dates of service, services provided, and medical conditions being treated.

**HEALTH CARE OPTION:** Your health information may be used to support the day to day activities and management of Peak Performance PT, PC. For example, information on services provided may be used to support budgeting, financial reporting and to evaluate/promote quality.

**LAW ENFORCEMENT:** Your health information may be disclosed to law enforcement agencies without your permission, to support government audits and inspections, to facilitate law enforcement investigations, and to comply with government reporting.

**PUBLIC HEALTH REPORTING:** Your health information may be disclosed to public health agencies as required by law. For example, we are required to report communicable diseases to the state's public health department.

### PATIENT RESPONSIBILITIES:

- Check with their insurance regarding referral requirements, pre-authorizations, benefits, coverage (including whether or not Peak Performance is in or out of network), exclusions, and the allowed number of visits for physical therapy. If referral is required, it must be provided to the practice before the first visit. Failure to do so may result in the patient being financially responsible.
- If any changes to insurance occur during the patient's course of care, the office must be alerted to mitigate risk of claim denials in which the patient/guarantor may be financially responsible.

*We will attempt to authorize and verify benefits but the responsibility is ultimately the patient's responsibility.*

**LATE CANCEL/NO-SHOW POLICY:** We are committed to providing excellent quality and convenient physical therapy. In consideration of our patients and staff, we do require 24 hour notice for appointment cancellations. No-showing for an appointment creates a financial and scheduling burden, therefore we are forced to charge:

- \$30 FEE FOR NO SHOW APPOINTMENTS AND CANCELS WITH LESS THAN 24 HOURS NOTICE.
- **This fee cannot be billed to your insurance!**

Yes Initials: \_\_\_\_\_

*While we understand that emergencies happen, appointments missed 3 times in a row or frequent cancellations may result in discontinuation of further appointments. Regular cancellations and no-shows will be documented and reported to your physician and/or insurance/third-party payor. This could affect the status of your claim.*

**FOR MINOR PATIENTS ONLY:** As the party responsible for medical decision-making for the child represented in this medical record, I hereby give my consent to Peak Performance PT PC to render both emergency and non-emergency healthcare services both in and out of my physical presence.

I attest that I have read and understand the above:

Yes Initials: \_\_\_\_\_

I attest to the fact that this is **NOT** a workers' compensation, motor vehicle claim, or third party claim. If the insurance that I supplied does not pay, I acknowledge that I am liable to pay in full for all services received. (If services are due to workers' compensation, motor vehicle accident or third party claim, please skip this section.)

I attest that I have read and understand the above:

Yes Initials: \_\_\_\_\_

**By signing below, you acknowledge that you have read, understand, and agree with the above.**

Patient Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_ DOB: \_\_\_\_\_

Signature of Patient/Legal Guardian: \_\_\_\_\_ Date: \_\_\_\_\_

Print name: \_\_\_\_\_ Relationship: \_\_\_\_\_

# NEW PATIENT DEMOGRAPHIC INFORMATION

## PERSONAL INFORMATION

First Name: \_\_\_\_\_ MI: \_\_\_\_\_ Last Name: \_\_\_\_\_ Sex: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Phone: \_\_\_\_\_ SSN: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ ZIP: \_\_\_\_\_ Email: \_\_\_\_\_

How did you hear about us? Social Media  Google  Physician  Friend

Recommended by: \_\_\_\_\_ Other: \_\_\_\_\_

## EMERGENCY CONTACT

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Relationship to patient: \_\_\_\_\_

## GUARANTOR/RESPONSIBLE PARTY

Name: \_\_\_\_\_ Relationship to patient: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Phone: \_\_\_\_\_ SSN: \_\_\_\_\_

Mailing Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ ZIP: \_\_\_\_\_ Email: \_\_\_\_\_

## I AUTHORIZE PEAK PERFORMANCE TO DISCUSS PROTECTED HEALTH INFORMATION WITH:

1) Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Relationship to patient: \_\_\_\_\_

Visit/Appointment Info: \_\_\_ Billing/Payment Info: \_\_\_ Medical Info: \_\_\_ Other: \_\_\_\_\_

2) Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Relationship to patient: \_\_\_\_\_

Visit/Appointment Info: \_\_\_ Billing/Payment Info: \_\_\_ Medical Info: \_\_\_ Other: \_\_\_\_\_

May we leave messages regarding appointment information on your voicemail or text? **Yes \_\_\_ No \_\_\_**

**Appointment Reminders:** *I understand that within the reminder, the location, date, and time of my appointment will be provided. Reminders are sent two days in advance.*

**Initials** \_\_\_\_\_

**Patient Signature:** \_\_\_\_\_

# NEW PATIENT MEDICAL HISTORY

Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

In general, my health is: Poor  Fair  Good  Excellent

Alcoholism: Yes  No  Smoke/Tobacco: Yes  No  Chemical Addiction: Yes  No

Number of falls in last 6 months: \_\_\_\_ Number of falls in last 2 years: \_\_\_\_ Were you injured? Yes  No

## PAST MEDICAL HISTORY

Please mark the following that are part of your past and current medical history:

Allergies (Latex, etc.)	Dizziness/off balance	Muscular Dystrophy
Alzheimer's/Dementia	Fibromyalgia	Obesity
Anxiety	Fracture (or suspected)	Osteoporosis/Osteopenia
Blood Disorders	Gastrointestinal	Osteoarthritis
Cancer	Headache/migraine	Parkinson's
Cardiac Pacemaker	High Blood Pressure	Psoriasis
Cauda Equina Syndrome	High Cholesterol	Rheumatoid Arthritis
Chemical Addiction	Huntington's	Respiratory Disorders
Congestive Heart Failure	IBS/UC/Crohn's	Sleep Disorders (apnea)
COPD/Emphysema	Immunosuppression	Smoking/Tobacco Use
Constipation	Incontinence	Stroke
Current Infection	Insomnia	Thyroid Disease
Depression	Lupus	Traumatic Brain Injury
Diabetes - Type 1	Lymph Disorder	Urinary Disorders
Diabetes - Type 2	Mood Disorder	Vascular Disorders

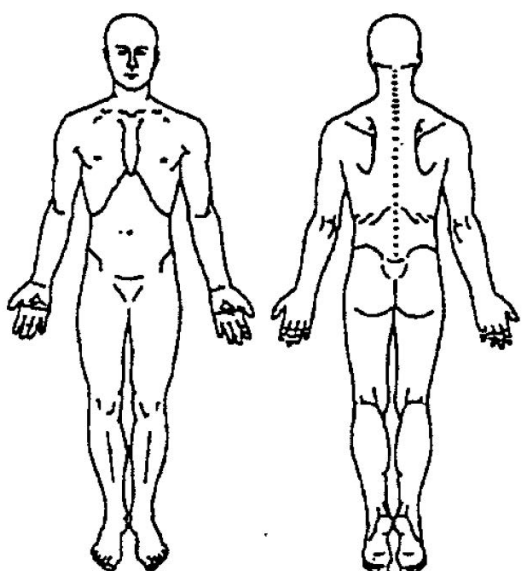
Please explain any of the above marked conditions:

Surgical History: (type & date)

Medication List (continue on back if needed)	Dosage	Frequency	Route

# MUSCULOSKELETAL PAIN CONDITION

- Name: \_\_\_\_\_ Date: \_\_\_\_\_  
 What are we treating you for? \_\_\_\_\_ When did it start? \_\_\_\_\_  
 How did it happen? \_\_\_\_\_  
 What makes your symptoms better? \_\_\_\_\_ Worse? \_\_\_\_\_
- Surgery/Procedures for this issue: Type: \_\_\_\_\_ Date: \_\_\_\_\_  
 Precautions: \_\_\_\_\_
- Other health services for this same problem: PT  Chiropractor  Acupuncture  Massage Therapy  Injections   
 If yes, please describe: \_\_\_\_\_  
 Were they helpful? Yes  No
- Test results for this issue (X-Ray, Labs, MRI, CT, etc.): \_\_\_\_\_
- Rate your pain (0-10): Now: \_\_\_\_\_ Worst: \_\_\_\_\_ Best: \_\_\_\_\_  
 Rate your ability to do things (1-100%): \_\_\_\_\_ Recreational/Sports: \_\_\_\_\_  
 In general, are you: Getting worse  Staying the same  Improving
- Have you noticed any changes in: Bowel/Bladder Function  Weakness  Numbness  Unexplained Weight Loss
- Current Work Status: Not Working  Regular Work  Second Job  Modified Work/Limitations  Retired

	<p>Please mark your pain/discomfort on the diagram:</p> <p>A: Ache          S: Stabbing          R: Radiating          N: Numbness          O: Other</p>
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*One Home for all Your Rehab Needs*

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**Workers' Compensation Authorization**

This form must be completed and authorized by adjustor before scheduling can occur

Date: \_\_\_\_\_

Adjustor Name: \_\_\_\_\_

Adjustor Phone #: \_\_\_\_\_

Adjustor Fax #: \_\_\_\_\_

Workers' Compensation Carrier: \_\_\_\_\_

Patient Name: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Claim#: \_\_\_\_\_

Claims Mailing Address: \_\_\_\_\_  
\_\_\_\_\_

Claims Fax# (if different than the Adjustor fax): \_\_\_\_\_

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For Adjustor to complete:

Please choose one of the following:

Treatment is authorized as indicated in the prescription attached.

Treatment is authorized as follows: \_\_\_\_\_

Frequency: \_\_\_\_\_

Duration: \_\_\_\_\_

Adjustor Signature: \_\_\_\_\_ Date: \_\_\_\_\_