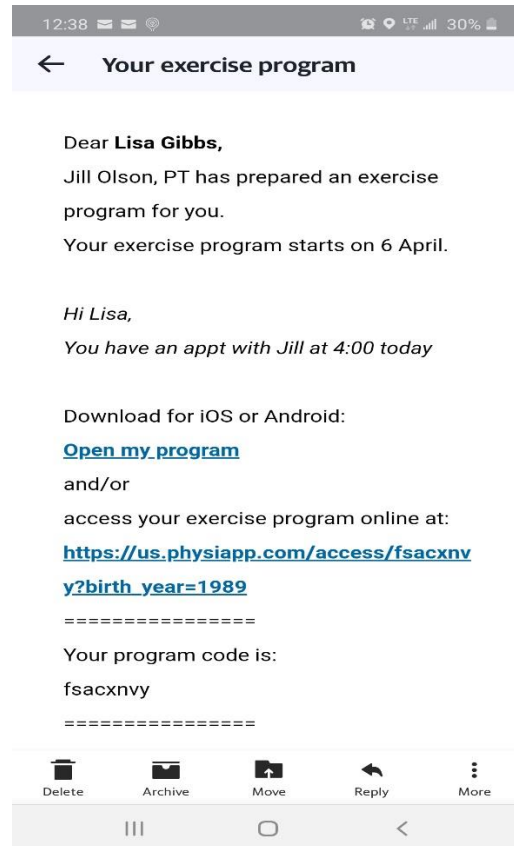
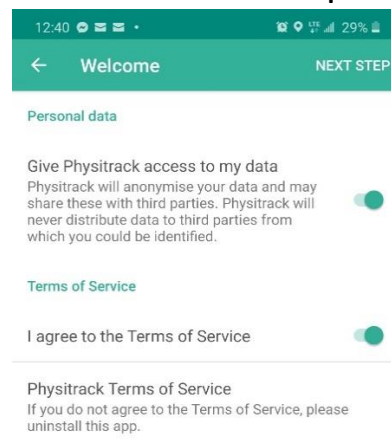


PhysiApp Instructions for Cell Phone/Tablet Users

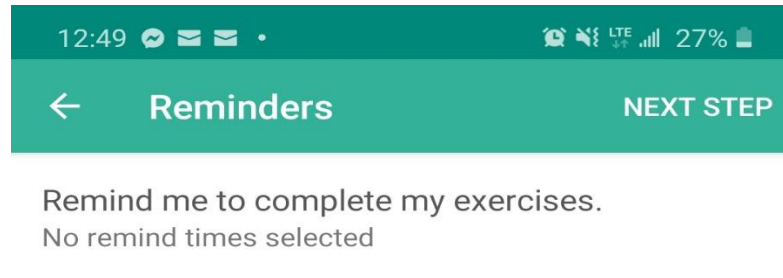
1. Your therapist will send you an email that looks like this



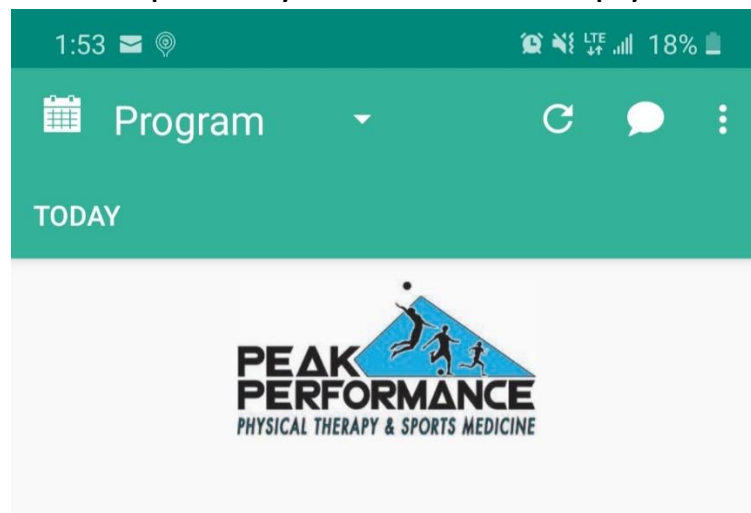
2. You will be prompted to download the PhysiApp. When done loading it will bring this screen up and ask you to give Physitrack access to your data and Agree to Terms of Service. When done touch “Next Step”



3. The next screen shows you your reminders. Your first time on the App you may not have any. Touch “Next Step”



4. The next screen shows you your program. This is where you will see any exercises or other notes your therapist has for you. You can also touch the white message bubble to view any messages your therapist may have sent and reply to them.



5. At the time of your appointment your therapist will initiate the call. You should receive an email with a link to the call or if you have the app open the call will pop up automatically.

This is what your PhysiApp looks like when your therapist calls you for a Video Session. Once you touch Agree you will be face to face with your therapist!

At the time of your appointment your therapist will initiate the call. You should receive an email with a link to the call

